

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

Margherita Pizza & wedges



Mixed bean bolognaise with Penne Pasta



Vegetable sausages with roast potatoes & gravy



Vegetable stir fry with carrot rice



Vegetable Nuggets, chips & Tomato ketchup



OPTION 2

Pepperoni Pizza & wedges

Beef Bolognaise with Penne Pasta



Roast Gammon with roast potatoes & gravy

Creamy coconut chicken curry & Rice



Fish Fingers, Chips & Tomato Ketchup

VEGGIES



Broccoli



Carrots & Peas



Carrots & cabbage



Broccoli & Cauliflour



Baked Beans



FILLED ROLLS



Ham Cheese or Tuna Mayo

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Ham Cheese or Tuna Mayo

Ham Cheese or Tuna Mayo

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Lemon Shortbread Biscuit



Chocolate & Banana Brownie sponge



Apple & strudel custard



Baked Apple & cinnamon Sponge



Chocolate Shortbread



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat



Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL

OPTION 1

Margherita Pizza & Wedges

Pea powered vegetable Pie, new Potatoes & Gravy

Cheesy cauliflower pasta bake

Veggie all day breakfast

Quorn dippers, chips & tomato ketchup

OPTION 2

Tomato, spinach & Salmon Pasta

Chicken & Vegetable Pie with new potatoes & Gravy

Roast Turkey breast with Roast Potatoes & Gravy

All day breakfast with pork sausages

Fish & Chips with tomato sauce

VEGGIES

Broccoli

Peas

Carrot & Cauliflower

Baked Beans

Peas

FILLED ROLLS

Ham Cheese or Tuna Mayo

Ham Cheese or Tuna Mayo

Ham Cheese or Tuna Mayo

Ham Cheese or Tuna Mayo

Ham Cheese or Tuna Mayo

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS

Flapjack

Oaty Apple Crumble & Custard

Chocolate Mousse

Carrot cake with orange glaze

Chocolate fruit crispie cake

Desserts available every day - a choice of jelly, fruit or yoghurt

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Vegan



Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MAIN MEAL</b> 	<b>OPTION 1</b> Pea powered mild chilli with rice	Vegetable sausages & mash with gravy	Pea powered cottage pie with gravy	Baked creamy Mac 'n' Cheese	Vegan Sausage Roll & Chips
	<b>OPTION 2</b> Mild beef chilli con carni with rice	Pork sausages & mash with gravy	Roast Chicken breast with Roast Potatoes & Gravy	BBQ chicken loaded Mac 'n' Cheese	Fish Fingers & Chips
<b>VEGGIES</b> 	Sweetcorn	Peas & Carrots	Broccoli & carrots	Salad bar	Baked Beans
<b>FILLED ROLLS</b> 	Ham Cheese or Tuna Mayo	Ham Cheese or Tuna Mayo	Ham Cheese or Tuna Mayo	Ham Cheese or Tuna Mayo	Ham Cheese or Tuna Mayo

**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

### SWEET TREATS



Chocolate Shortbread



Apple & Summer berry crumble with Custard



Lemon sponge & Custard



Garden brownie



Strawberry Mousse



Desserts available every day - a choice of jelly, fruit or yoghurt

### KEY

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Vegetarian

Vegan

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